



“Helping children with autism reach their potential”

ABIA

Autism Behavioural Intervention Association trains, educates, and supports parents, carers, and professionals working with children with Autism Spectrum Disorder. Our purpose is to raise awareness about Applied Behavioural Analysis--its scientific basis and potential positive life outcomes--and to promote it as the preferred method of care and treatment for children with Autism.

Our services include:

- Professional development programs
- Applied Behaviour Analysis (ABA) therapist training
- An annual calendar of workshops and seminars
- A resource library with hundreds of ASD-specific educational resources
- A quarterly newsletter (plus monthly e-alerts)
- Ongoing information and professional support

Attend any one of our scheduled training programs to enhance your professional development, or call and ask about our in-house course delivery by an ABIA specialist (tailored specifically to meet your organisation's needs).

Discounts available for group bookings!

ABIA: Improving the quality of life for children with Autism Spectrum Disorder and their families

Autism Behavioural Intervention Association Inc (ABN 85182741277)
Level 1, 121 Maling Rd, Canterbury VIC 3126 | PO Box 239 Canterbury VIC 3126
P: 03 9830 0677 | F: 03 9830 0211
W: www.abia.net.au | E: info@abia.net.au



Autism Behavioural Intervention | **ABIA**
ASSOCIATION



“Helping children with Autism reach their potential”

ABIA

PROFESSIONAL DEVELOPMENT PROGRAMS

Group discounts apply

‘Making it Work’ with an ASD student in your classroom or kindergarten

ABIA is pleased to offer Professional development specifically designed to equip teachers and integration aides to meet the challenges of teaching children with an ASD.

As more and more children with an ASD enter early childhood settings and mainstream education, teaching and support staff have expressed a need for training that caters to the unique needs of this group. *Making It Work* up-skills both students and educators and helps facilitate a positive school/early childhood experience for all.

Making it Work offers a range of topics covering practical classroom and playground strategies that is delivered as a one-day program (or shorter seminar topics specific to your needs – contact ABIA for a quote).

Do you work with children with ASD? Become an ABA therapist!

The ABA therapist’s role is to teach play, communication, self-help and academic skills to children with an Autism Spectrum Disorder. ABIA’s therapist programs focus on developing and acquiring these skills, and working one-on-one with the ASD child.

Level 1 ABA Therapist Training

This highly sought after three-day course imparts the practical skill and theoretical knowledge required to work as an Applied Behavioural Analysis (ABA) therapist. For those seeking employment or study in the education or disability fields, this credential is highly regarded.

Level 2 ABA Therapist Training

This training is suitable for therapists or parents who have completed Level 1 Training and have a minimum of six months therapy experience.

This course builds on Level 1 training, covering new skills and includes a two-hour therapy session with a child, and debriefing with an experienced ABA supervisor.

2-hour topical Seminars

ABIA is proud to present a series of practical and topical seminars for parents of children with an Autism Spectrum Disorder (ASD), and professionals working with ASD children and families. Based on ABA principles, each seminar imparts skill and knowledge, and provides specialist information, to more confidently manage complex yet common behavioural issues:

- TOP TEN WAYS TO MANAGE A CHILD'S BEHAVIOUR
- EATING ISSUES AND SOLUTIONS
- CHOOSING A CURRICULUM
- PROGRAMS FOR HIGH FUNCTIONING CHILDREN WITH AUTISM
- FINDING ORDER IN CHAOS
- TASK ANALYSIS
- TOILETING
- GENERALISATION
- REINFORCEMENT
- TEACHING PLAY

To register or for more information, contact ABIA on 03 9830 0677 or e-mail info@abia.net.au

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autism

Autism Behavioural Intervention Association

fact sheet

What is Autism?

Autism Spectrum Disorder (ASD) is an umbrella term for a group of pervasive developmental disorders including Autism, High Functioning Autism, Asperger Syndrome and Pervasive Development Disorder-Not Otherwise Stated (PDDNOS or Atypical Autism).

The common link for all children with an Autism Spectrum Disorder is problems with social interaction, verbal and non-verbal communication, and repetitive behaviours or interests. Depending on the child, problems in each area will range from mild to severe.

Many children with an ASD are also abnormally sensitive to sounds, textures, tastes and smells. In some children hints of future problems may be apparent from birth. Other children begin life well enough, but between 12 and 36 months developmental and reaction differences become apparent.

Current Centrelink research shows that approximately 1 in 160 children will be diagnosed with an ASD. While the cause is not yet fully understood, the consensus is that ASD is caused by a biological or organic dysfunction in the brain. Regrettably there is—as yet—no cure.

What is Applied Behaviour Analysis?

Applied Behavioural Analysis (ABA) is an intensive education therapy for children with Autism. It is scientifically proven and backed by over 50 years' clinical research. In the USA, UK, Canada, Europe—and increasingly in Australia—it is the preferred method of treatment.

The single most important factor for children with Autism is that they do not learn naturally or innately. Instead, they need a little help in acquiring skills and knowledge, and developing age-appropriate behaviours. This is where ABA comes in. ABA teaches children how to learn. It teaches children how to develop the social, academic, self-help and behavioural skills needed to interact effectively with others, and cope with the challenges of everyday life.

ABA therapy is a highly structured program. It's designed to meet each child's individual requirements, while building foundations for life-long learning. Evidence shows that with ABA-based early intervention a significant number of pre-school aged children with Autism can achieve normal educational and intellectual function. Many become indistinguishable from their peers.

How does ABA work?

ABA breaks a range of every day skills into small discrete steps. These steps are then taught in a precise and systematic way. This approach is applied in an intensive manner (over 20-40 hours per week) with trained therapists working one-on-one with the child.

The ABA program focuses on the range of skills a child needs to be able to function successfully and to enjoy life to the full! Language, social play, academic and self-help skills are all addressed through programs tailored to meet individual children's needs. Children are also taught how to pay attention, imitate, use communicative language appropriate to their age, show and receive affection, and relate to other children – things that most children do not formally need to be taught. Central to ABA therapy is a process designed to be fun and enjoyable for the child.

What are the benefits of ABA?

At present families with an ASD child have to contend with long wait lists for early intervention services. In addition, parents are often faced with the harsh and devastating reality that their child may get access to just two to four hours of therapy each week. In contrast, research clearly shows that early *intensive* behavioural intervention can significantly improve the capacity and capability of children with Autism. In fact recent studies show that quite dramatic and lasting improvements can result (Lovaas, 1987, *Behavioural Treatment and Normal Educational and Intellectual functioning in Young Autistic Children*, Journal of Consulting and Clinical Psychology, 55, no.1 3-9).

ABA Fact versus ABA myth

Over the years and for a variety of reasons, a number of misconceptions and some controversy have surrounded ABA therapy.

- Fact: ABA is a highly individualised and dynamic process. It can be used to build skills in all areas including play and social skills.
- Fact: ABA can significantly impact a person's behaviour by teaching new skills. It is also the only effective approach to Autism that is supported by substantial documented evidence of effectiveness.
- Fact: ABA remains the most documented and most effective approach for pre-school and older learners. Using ABA, learning is achieved through motivation and positive reinforcement which makes learning enjoyable.
- Myth: Punishment is never used as part of any ABA program. (Buchanan, S. M., & Weiss, M. J. (2010). *Applied behaviour analysis and autism: An introduction*. Robbinsville, NJ: Autism New Jersey.)

autism

Autism Behavioural Intervention Association

fact sheet

Who can use ABA?

Anyone who has a child with a learning or developmental disability can use ABA. It has specific and documented success for children with an ASD.

How much time does it take?

Generally 20-40 hours per week over two to three years. ABA programs are tailored to suit each child's age and skill level. ABA also easily accommodates, or can be implemented alongside, other programs that spectrum children may be undertaking (eg Early Learning, Kindergarten, Crèche, Speech Therapy, etc).

Just like children without Autism, children with autism vary significantly in their skill, knowledge and ability to learn. Thus the intensity and duration of any ABA program is largely dependent on the developmental and learning needs of the individual child. In general, clinical studies show that an intensive home based program will usually run between two and three years. Some children may then require a revised program based on fewer hours.

How much does it cost?

The cost of a home based program depends on the number of intervention hours required each week. Most ABA service providers recommend 20-40 hrs per week to ensure positive, successful, and sustained outcomes. Therapy costs generally include initial program set up, ongoing supervision by an ABA service provider, therapist hours, and associated materials. To get a dollar figure on costs, families need to contact and meet with an ABA service provider. Some Federal Government funding is available through the (2008) *Helping Children with Autism* initiative. Our organisation can also provide information and support about sourcing other funding for ABA programs.

How do I get started?

ABIA provides regular free information sessions for families new to ABA to help families make an informed decision about options and the process.

Who is ABIA?

ABIA is us! ABIA stands for Autism Behavioural Intervention Association -- and we stand for ABA therapy and children and families with Autism.

Our role is to train, educate, and support parents, carers, and professionals working with children with an ASD. We work hard to raise awareness about ABA therapy—its scientific basis and potential positive life outcomes—and to promote it as the preferred method of care and treatment for children with Autism.

ABIA was established 14 years ago by a group of determined parents who, quite rightly, wanted the best learning and life outcomes for their children. This group heard about ABA in America, but was frustrated that a scientifically proven and evidential method of intervention was not [then] available in Australia.

Proactively this group of parents recruited professionals from the USA to establish local programs, and set about providing training and workshops for Australians interested in Autism and behaviour-based treatments. These families were amongst the first Australians to run ABA programs and based on their children's progression and learning, sought to share the experience and knowledge.

If you'd like to learn more about how ABA or ABIA can help your child or family, please visit www.abia.net.au or contact us on 03 9830 0677. Email queries can be sent to info@abia.net.au



Autism Behavioural Intervention | **ABIA**
ASSOCIATION



JOIN NOW & RECEIVE THE FOLLOWING BENEFITS:

- ✓ Quarterly news and monthly e-alert
- ✓ Use of ABIA Resource Centre
- ✓ Parent coffee/information mornings
- ✓ Discount registration to seminars, workshops, education programs
- ✓ Information and support on ABA

TAX INVOICE (ABN 85 182 741 277)

COMPLETED MEMBERSHIP FORM CONSTITUTES A TAX INVOICE FOR GST - PLEASE RETAIN A COPY FOR YOUR RECORDS

Privacy & confidentiality: ABIA assures that all personal information is securely stored and used only by our organisation for member communications. Committing to an annual membership indicates consent to receive email alerts and ABIA quarterly news.

Name

Organisation

Child's Name Age

Address

.....

..... Postcode

Home Business Mobile

Email

HOW TO PAY

I enclose a cheque/money order made payable to ABIA

By Electronic Funds Transfer:

Account name: ABIA; BSB: 013 440; Account number: 354057442
Please include name as reference and email remittance to info@abia.net.au

Please debit my card: VISA ** MASTERCARD **
** incurs 1% surcharge

Card number _____ | _____ | _____ | _____

Exp Date: ____ / ____

Name on Card

Signature

ANNUAL MEMBERSHIP FEES

(Concession rates will be negotiated for parents/carers experiencing financial hardship. Membership renewals are due every 12 months. Price includes GST)

Parent / Carer	\$ 50.00
Student / Therapist	\$ 45.00
Sole Practitioner (1-5/small practice)	\$ 70.00
Other (Educational Org (kinder, school), Community Org / Govt Dept)	\$ 120.00

I would like to make a donation to support ABIA \$

(Donations to ABIA are tax deductible. A receipt is issued for amounts of \$2.00 or more.)

TOTAL PAYMENT \$ _____

Please forward your completed form to ABIA

Post: PO Box 239, Canterbury, VIC 3126; Fax: (03) 9830 0211; Scan/Email: info@abia.net.au

'Making it Work' With an ASD child in your Kindergarten

Professional Development

This one-day Professional Development program is specifically designed to equip Early Childhood educators to meet the challenges of teaching children with an Autism Spectrum Disorder.

As more and more children with an ASD enter mainstream early learning settings, teaching and support staff have expressed a need for training that caters to the unique needs of this group.

Making it Work incorporates practical classroom and playground strategies:

- Theory of Autism Spectrum Disorder
- Understanding Challenging Behaviours
- Behaviour Management Strategies
- Developing Social Skills

TIME	VENUE	COST	CONTACT
9.30am-4.30pm (see dates below)	 Autism Behavioural Intervention Association ABIA Autism Behavioural Intervention Association Level 1, 121 Maling Rd, Canterbury 3126	\$220 (inc. GST)	For more information, contact ABIA on 03 9830 0677 or email info@abia.net.au

Don't miss out - contact ABIA to reserve your place!

Discounts apply for multiple bookings

✂ Please detach this section and return with payment details

Registration Form/Tax Invoice – Making It Work (Early Childhood) 2012

COMPLETED REGISTRATION FORM CONSTITUTES A TAX INVOICE FOR GST - RETAIN A COPY FOR YOUR RECORDS.

Program runs subject to minimum numbers. You will receive confirmation (or cancellation) of registration as applicable.

Organisation: _____

Contact name: _____

Address: _____

Postcode _____

Phone _____ email _____

FRIDAY, APRIL 20

FRIDAY, AUGUST 24

No. of registrations required: _____ @ \$220 = \$ _____

How did you hear about ABIA? Website I am a member Ad: _____ Other: _____

I would like to become a member: Student \$45 Family \$50 Sole Practitioner \$70 Org \$120

HOW TO PAY (payment processed when program is confirmed; typically within 2 weeks of program start date)

BY VISA#

BY ELECTRONIC FUNDS TRANSFER

BY CHEQUE

BY MASTERCARD#

Invoice and account details will be provided when program confirmed

Make cheque payable to ABIA

incurs 1% surcharge

Name on Card: _____ Signature _____

Card number: _____ Exp Date: _____ / _____

POST: Making it Work-Early Childhood, ABIA, PO Box 239, Canterbury VIC 3126

FAX: 03 9830 0211 | SCAN/EMAIL: info@abia.net.au

'Making it Work' With an ASD child in your Classroom

Professional Development

ABIA is pleased to offer a Professional Development program specifically designed to equip teachers and integration aides to meet the challenges of teaching children with an Autism Spectrum Disorder.

As more and more children with an ASD enter mainstream education, teaching and support staff have expressed a need for training that caters to the unique needs of this group.

Making it Work incorporates practical classroom and playground strategies:

- Theory of Autism Spectrum Disorder
- Understanding Challenging Behaviours
- Behaviour Management Strategies
- Developing Social Skills

TIME	VENUE	COST	CONTACT
9.30am-4.30pm (see dates below)	 Autism Behavioural Intervention Association ABIA Autism Behavioural Intervention Association Level 1, 121 Maling Rd, Canterbury 3126	\$220 (inc. GST)	For more information, contact ABIA on 03 9830 0677 or email info@abia.net.au

Don't miss out - contact ABIA to reserve your place!
Discounts apply for multiple bookings

✂ Please detach this section and return with payment

Registration Form/Tax Invoice – Making It Work 2012

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Program runs subject to minimum numbers. You will receive confirmation (or cancellation) of registration as applicable.

Organisation: _____

Contact name: _____

Address: _____

Postcode _____

Phone _____ email _____

FRIDAY, MARCH 2

FRIDAY, MAY 4

No. of registrations required: _____ @ \$220 = \$ _____

How did you hear about ABIA? Website I am a member Ad: _____ Other: _____
 I would like to become a member: Student \$45 Family \$50 Sole Practitioner \$70 Org \$120

HOW TO PAY (payment processed when program is confirmed; typically within 2 weeks of program start date)

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Invoice and account details will be provided when program confirmed

Make cheque payable to ABIA

incurs 1% surcharge

Name on Card: _____ Signature _____

Card number: _____ Exp Date: ____ / ____

POST: Making it Work, ABIA, PO Box 239, Canterbury VIC 3126

FAX : 03 9830 0211 | SCAN/EMAIL: info@abia.net.au

Level I ABA Therapist Training

“Become an ABA Therapist”

This highly sought after three-day course imparts the practical skill and theoretical knowledge required to work as an Applied Behavioural Analysis (ABA) therapist.

The ABA therapist's role is to teach play, communication, self-help and academic skills to children with an Autism Spectrum Disorder. This course focuses on developing and acquiring these skills, and working one-on-one with the ASD child. Many professionals, educators and parents, have benefited greatly by understanding and applying ABA principles.

Upon course completion participants will receive a certificate. For those seeking employment or study in the education or disability fields, this credential is highly regarded.

Topics covered include:

- Understanding Autism Spectrum Disorder.
- Generalisation & maintenance of behaviours.
- Task Analysis.
- Functional Behavioural Assessment.
- Problem Solving.
- Reinforcement.
- Behaviour management strategies.

Trained ABA professionals, with extensive experience in the Autism field, facilitate the program.

If you are genuinely interested in learning more about Autism and behavioural intervention, this training program is highly recommended.

VENUE



Autism Behavioural Intervention Association
Level 1, 121 Maling Rd, Canterbury

TIME

9.30am – 4.30pm (see dates below)

COST

ABIA member/Student	\$500 (inc. GST)
Non-member	\$550 (inc. GST)
HCWA/FaHCSIA funding	\$580 (inc. GST)

REGISTER

Complete registration form below and return to ABIA

CONTACT

For more information contact ABIA on
(03) 9830 0677 or email **info@abia.net.au**

✂ Please detach this section and return with payment

Registration Form/Tax Invoice: Level I ABA Therapist Training

COMPLETED REGISTRATION FORM CONSTITUTES A TAX INVOICE FOR GST - RETAIN A COPY FOR YOUR RECORDS.
Program runs subject to minimum numbers. You will receive confirmation (or cancellation) of registration as applicable.

Name _____

Address _____

Postcode _____

Phone _____ Mob _____ email _____

2012 Program Dates (Please tick preferred date)

Feb 6, 13, 20 (3xMon)

Mar 13-15 (Tue-Thu)

Apr 23-30, May 7 (3xMon)

May 23-25 (Wed-Fri)

June 13, 20, 27 (3xWed)

How did you hear about ABIA? Website I am a member Ad: _____ Other: _____
 I would like to become a member: Student \$45 Family \$50 Sole Practitioner \$70 Org \$120

HOW TO PAY (payment processed when program is confirmed; typically within 2 weeks of program start date)

BY VISA#

BY ELECTRONIC FUNDS TRANSFER

BY CHEQUE

BY FaHCSIA FUNDING**

BY MASTERCARD#

Invoice and account details will be provided when program confirmed

Make cheque payable to ABIA

\$50 credit card bond required to secure registration

#incurs 1% surcharge

Name on Card: _____ Signature _____

Card number: _____ Exp Date: _____ / _____

POST: Level I ABA Therapist, ABIA, PO Box 239, Canterbury VIC 3126

FAX: 03 9830 0211 | SCAN/EMAIL: info@abia.net.au



“Helping children with Autism reach their potential”

ABIA

Autism Spectrum Disorder Seminars for Parents and Professionals

FaHCSIA
Panel
Provider

ABIA is proud to present a series of practical and topical seminars for parents of children with an Autism Spectrum Disorder (ASD), and professionals working with ASD children. Based on the principles of Applied Behavioural Analysis, each two hour seminar imparts skill and knowledge, and provides specialist information to more confidently manage complex yet common behavioural issues.

- Seminar 1 TOP TEN WAYS TO MANAGE YOUR CHILD'S BEHAVIOUR:** A crash course in understanding common negative ASD behaviours, and ten practical steps to negotiate more positive outcomes.
- Seminar 2 EATING ISSUES AND SOLUTIONS:** Learn about the different types of eating habits of ASD children. This session also offers practical strategies to broaden a child's range of foods and meal time flexibility.
- Seminar 3 CHOOSING A CURRICULUM – DECIDING WHAT YOUR CHILD NEEDS TO LEARN:** Gain an understanding of the process of assessing a child's needs and how a curriculum is developed to suit individual situations. This seminar also allows time to determine the specific goals and program requirements of the child given their current development and attainments.
- Seminar 4 PROGRAMS FOR HIGH FUNCTIONING CHILDREN WITH AUTISM:** Children on the higher end of the Autism spectrum have unique abilities and needs. This seminar imparts practical information regarding common curriculums such as problem solving, theory of mind, and organisation skills.
- Seminar 5 FINDING ORDER IN CHAOS – MAKING HOME LIFE MORE MANAGEABLE:** Home life can feel chaotic with a child with an ASD. This seminar discusses common problem times in the home (eg, dinner-time, bath-time, getting ready for school) and provides practical tips. Come prepared to workshop examples and those submitted by other participants.
- Seminar 6 TASK ANALYSIS – BREAKING DOWN SKILLS TO SET YOUR CHILD UP FOR SUCCESS:** This seminar covers the process of task analysis—breaking a skill down, teaching one component at a time— so you can better help the ASD child understand and retain new information. A basic but extremely important seminar for all people caring for an ASD child.
- Seminar 7 TOILETING:** Toileting can be a stressful time for both the ASD child and the parent. This seminar will help determine if a child is ready for toilet training, and provide strategies to maximise the child's chance of success. Practical, and a real confidence booster.
- Seminar 8 GENERALISATION – USING SKILLS EFFECTIVELY IN THE WIDER ENVIRONMENT:** Children with an ASD often struggle to adapt to new situations yet generalisation is crucial for their integration into environments beyond the therapy room. This seminar determines whether a child is capitalising on existing concepts and skills, and reinforces how these skills can be applied in different environments and with a range of people.
- Seminar 9 REINFORCEMENT:** This seminar discusses all facets of reinforcement including types, selection, generalisation, and the need for variety to ensure therapy is fun and motivating (for both the child and therapist).
- Seminar 10 TEACHING PLAY:** Learn how to assess the ASD child's existing play-skills and how to design an appropriate play program. This session also examines the positive role of siblings and peers in the ASD child's play.

Cost per seminar: \$70 (ABIA member) \$75 (FaHCSIA) \$100 (Non-member)

Venue: ABIA-Level 1, 121 Maling Rd, Canterbury VIC 3126

Register: Contact ABIA on 03 9830 0677 or e-mail info@abia.net.au

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