



“Helping children with autism reach their potential”

ABIA

Autism Behavioural Intervention Association trains, educates, and supports parents, carers, and professionals working with children with Autism Spectrum Disorder. Our purpose is to raise awareness about Applied Behavioural Analysis--its scientific basis and potential positive life outcomes--and to promote it as the preferred method of care and treatment for children with Autism.

Our services include:

- Practical parenting programs
- Confidence building programs and programs to aid your child's social skills development
- Applied Behavioural Analysis (ABA) therapist training
- An annual calendar of seminars, information evenings, and Autism related courses and events
- Parent information sessions for families with a child newly diagnosed with an ASD
- A resource library with hundreds of ASD-specific educational aids, props, toys, DVDs, and books
- A quarterly newsletter (plus monthly e-alerts) to keep you up-to-date with current ASD findings, industry happenings, events, and a place to source or advertise for a qualified ABA therapist

Attend any of our training programs to enhance your knowledge and understanding so that you can better understand (and meet) your child's unique needs.

Discounts available if both parents attend!

**ABIA: Improving the quality of life for children
with Autism Spectrum Disorder and their families**

Autism Behavioural Intervention Association Inc (ABN 85182741277)
Level 1, 121 Maling Rd, Canterbury VIC 3126 | PO Box 239, Canterbury VIC 3126
P: 03 9830 0677 | F: 03 9830 0211
W: www.abia.net.au | E: info@abia.net.au



Autism Behavioural Intervention
ASSOCIATION | **ABIA**



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PARENT EDUCATION PROGRAMS

FaHCSIA
Panel
Provider

Running an ABA program for your child? Learn the role of behavioural therapist!

Applied Behavioural Analysis (ABA) is the most clinically supported and widely documented behavioural therapy for children with an ASD. As an early intervention treatment ABA has shown to significantly improve the functioning of ASD children in the areas of IQ, adaptive skills, and emotional responses.

The role of ABA is to teach play, communication, self-help, and academic skills to children. This course focuses on developing and acquiring these skills, and working one-on-one with your ASD child. **Don't be afraid of the academic sounding terminology:** many parents—as well as teaching professionals and educators—have benefited enormously by understanding and applying basic ABA principles.

This highly sought after three-day course imparts both practical skill and theoretical knowledge about ABA therapy.

Cost: \$500 (ABIA member); \$550 (non-member);
\$580 (FaHCSIA)

Creating Calm Kids Managing anxiety in ASD

For ages 5-9 years and 10-18 years

Creating Calm Kids is a program to assist parents and carers to understand and manage a child's anxiety. This six-week course teaches how to identify, direct and reframe a child's worries and uncertainties.

For parents of an Autism Spectrum Disorder child aged 5-9 or 10-18, this course is invaluable. Incorporating four parent and two child sessions, *Creating Calm Kids* investigates:

- Factors contributing to increased anxiety levels in children with ASD.
- Identifying the signs of anxiety in both parent and child.
- Preventative relaxing and calming strategies to reduce anxiety.
- Coping strategies when anxiety does occur.
- Managing anxiety in public places.
- Teaching children to identify “worries” and how to implement self-management activities.

Cost: \$450 (ABIA member); \$500 (non-member);
\$500 (FaHCSIA – children 5-7 years only)

2-hour Topical Seminars

ABIA is proud to present a series of practical and topical seminars for parents of children with an Autism Spectrum Disorder (ASD), and professionals working with ASD children and families. Based on ABA principles, each two hour seminar imparts skill and knowledge, and provides specialist information, to more confidently manage complex yet common behavioural issues:

- TOP TEN WAYS TO MANAGE A CHILD'S BEHAVIOUR
- EATING ISSUES AND SOLUTIONS
- CHOOSING A CURRICULUM
- PROGRAMS FOR HIGH FUNCTIONING CHILDREN WITH AUTISM
- FINDING ORDER IN CHAOS
- TASK ANALYSIS
- TOILETING
- GENERALISATION
- REINFORCEMENT
- TEACHING PLAY

Cost: \$70 (ABIA member); \$75 (FaHCSIA); \$100 (non-member)

To register or for more information, contact ABIA on 03 9830 0677 or e-mail info@abia.net.au

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